

# The Concierge

TIPS FOR TOURING HERE AND ABROAD

BY ELLEN ALBANESE  
GLOBE CORRESPONDENT

NEWPORT, R.I.

I don't do regular," says Andréa Marin, who opened Kaffeology, a coffee shop-bakery-café on Thames Street, earlier this year. For proof, look no further than her over-the-top milkshakes, such as "s'mores" — with graham crackers, Hershey's chocolate, and torched marshmallows — or this summer's special "unicorn" shake, an electric blue, cotton-candy-based concoction topped with pink sprinkles, white chocolate chips, and Gummy bears. Looking for something more grown-up? That would be the espresso shake with chocolate ice cream, chocolate chips, a lady finger, espresso powder, and a mini-cannoli on top.

I sampled the salted caramel pretzel milkshake, a vanilla drink infused with caramel and garnished with pretzels pressed into vanilla frosting around the rim, a brownie, and a Twix bar. It was satisfyingly sweet and salty, and the brownie added a welcome blast of chocolate. Marin described it as "a little lighter than others," but, trust me, it's all relative.

A native of Romania who grew up in Rhode Island, Marin draws inspiration from her family. Her sister's fondness for a certain fruit-flavored cereal inspired the Fruity Pebbles shake (also known as the Bam Bam), with Fruity Pebbles, Twizzlers straws, and half a strawberry Pop Tart. The espresso milkshake is for her Italian mother.

While the milkshakes have drawn the most attention, Marin takes pride in her bakery products, such as pistachio ricotta cream cake, Nutella chocolate cake, blueberry pie, cannoli, muffins, sandwiches, flatbreads, and vegetarian options, all made in house. She serves coffee from Fazenda, out of Dedham, and a nitro brew from Church Street Coffee Company on Martha's Vineyard.

Marin has been an esthetician, a personal trainer, bartender, and real estate agent. "Everything I've done has taught me things that really help me here," she says. Surprised and emboldened by the success of Kaffeology, she's thinking about a second location, perhaps near a college campus or in a beach town. But her biggest dream is to end up in Downtown Disney. "I used to work for Downtown Disney as a bar manager," she says. "It would be so funny to own my own shop there."

**Kaffeology**, 359 Thames St., 407-722-0922.

Ellen Albanese can be reached at [ellen.albanese@gmail.com](mailto:ellen.albanese@gmail.com).



The salted caramel pretzel milkshake (left) is one of many over-the-top flavors at Kaffeology, a combination coffee shop, bakery, and cafe in Newport, R.I. Local art decorates the walls.

## SHAKING IT UP

PHOTOS BY ELLEN ALBANESE FOR THE BOSTON GLOBE

### HERE

#### FOG SCULPTURES APPEAR IN BOSTON PARKS

If you see billowing fog on a sunny day along Boston's Emerald Necklace — don't be alarmed. The fog is part of an immersive public art installation by renowned Japanese artist Fujiko Nakaya, commissioned by the Emerald Necklace Conservancy to commemorate its 20th anniversary. "Fog x FLO: Fujiko Nakaya on the Emerald Necklace" features shape-shifting installations of pure water vapor at five locations: The Fens, Olmstead Park, Jamaica Pond, Arnold Arboretum, and Franklin Park. The installations will be activated from dawn to dusk, emitting fog that rhythmically appears and dissipates. *Free to the public. Through Oct. 31. [www.emeraldnecklace.org/20th/](http://www.emeraldnecklace.org/20th/)*

#### AIRPORT APP DEBUTS IN PROVIDENCE

Flying out of Providence just got easier with the new T.F. Green Airport App. Simply download the app to your Android or iOS device to access real flight time status and details of all arriving and departing flights, including gate, flight number, and to/from city. In addition, the app provides the hours of operation and information on all airport amenities, such as retail, dining, airlines, transportation, and rental car companies. Worried about where to park? It includes maps of the terminal and parking locations, and a parking tracker. Just scan the QR code and the app will find your vehicle's location when you return from your trip. *Free. [itunes.apple.com/us/app/t-f-green-air-](https://itunes.apple.com/us/app/t-f-green-air)*



[port/id1343851189?mt=8](https://www.bostonglobe.com/story/immersive-art-tech-fest-opens-lake-como)

### THERE

#### IMMERSIVE ART AND TECH FEST OPENS IN LAKE COMO

Binghamton, N.Y., may not be the first town that springs to mind when planning travels to cutting-edge arts festivals. However, the fourth annual LUMA Projection Arts Festival (Sept. 7-9) might expand your destination bucket list. Billed as the only visual arts festival in the United States focusing primarily on projection mapping, LUMA will transform the historic architecture in downtown Binghamton into an outdoor art gallery, making virtually anything a canvas using high-powered video projection, advanced 3-D computer animation, live music, moving lights, and more. Debuted in 2015 — to a crowd of 30,000 people — LUMA is expanding this year to a full weekend of events where artists from around the globe will unveil original im-

mersive stories to crowds of art lovers and tech enthusiasts. [lumafestival.com](http://lumafestival.com)

#### FIVE-STAR HOTEL OPENS IN LAKE COMO

Travelers longing for stunning views of Lake Como in the heart of the Italian city's majestic waterfront, Piazza Cavour, should look no further than the newly opened Vista Palazzo Lago di Como. Loll like royalty in one of 18 intimate lakeside rooms and suites in a completely renovated historic 19th-century Venetian-style palazzo. The



five-star luxury hotel's rooftop boasts a library, outside Infinity Bar, and Sottovoce restaurant. The 18-month restoration project was spearheaded by Lario Hotels, a family-owned-and-operated group working in the area for more than 90 years. Off-site excursions include seaplane tours, spa treatments, Riva speedboat trips on the lake, and more. George Clooney sightings not included. *Rates from \$800 per night. [vistalagodicomo.com/en](http://vistalagodicomo.com/en)*

### EVERYWHERE

#### SCARF KEEPS YOU WARM AND HIDES VALUABLES

Waypoint Goods, a boutique design studio for travel accessories, has debuted its newest Scandinavian-inspired scarf, The Oslo. This limited-edition infinity travel scarf not only keeps you warm on long flights, it also can securely conceal your phone, passport, wallet, keys, and other essentials safely in a hidden pocket. At 22 inches wide and 32 inches long, the scarf can loosely double wrap over your shoulders without being too tight. (It's recommended you place the pocket loop closest to your body, and use the other loop to drape over the top to hide the pocket and contents.) Made of a light, buttery-smooth polyester in icy-gray hues that are designed to mimic glaciers in a fjord. *Scarves are also available in additional colors such as orchid, pumpkin, peacock, onyx, and hi-*

*biscus. \$39.95. [waypointgoods.com](http://waypointgoods.com)*

#### DEET-FREE INSECT REPELLENT

It's camping season, which means it's also bug season. To avoid itchy and sometimes painful bites from mosquitoes, ticks, flies, and chiggers, try Sawyer's new Picaridin Insect Repellent, a non-greasy, DEET-free formula that works up to 12 hours with a single application. Safe for use on the whole family, the product has a pleasant, low-citrus odor and won't damage plastics or synthetic coatings, meaning it won't adversely affect clothing, backpacks, watches, and sunglasses. Reviewed by Consumer Reports as safe and effective against the Yellow Fever Mosquito, which can transmit the Zika virus. *Available at online retailers and a variety of stores as a lotion and spray in sizes ranging from 4-ounce bottles to one-quart and one-gallon-size dispensing jugs. \$8-\$30. [sawyer.com/products/picaridin-insect-repellent](http://sawyer.com/products/picaridin-insect-repellent).*

NEECE REGIS

